

# **2011 Minnesota Contact Lens Symposium**

*This program has been approved for  
JCAHPO, NCLE and COPE  
continuing education credits.*

**September 23-24, 2011**

**Hotel Sofitel  
Bloomington, Minnesota**

**Minnesota Contact Lens Society  
P.O. Box 48514  
Minneapolis, MN 55448**

*This program has been approved for NCLE, JCAHPO and COPE  
continuing education credits.*

*Disclaimer: This course is not sponsored by JCAHPO; only reviewed for compliance with JCAHPO standards and criteria and awarded CEC accordingly; therefore, JCAHPO cannot predict the effectiveness of the program or assure its quality in substance and presentation.*

# Friday, September 23, 2011

**7:30 a.m.**

***Registration & Continental Breakfast***

**8:00 am**

***Manufacturer Updates***

**8:30 a.m. – 11:30 am**

***Track 1***

***Basic Contact Lens Fitting Principals***

**Buddy Russell, COMT 3 hours**

Anatomy and Physiology, Basic Slit Lamp,  
Keratometry, Lens Selection, Soft and Rigid Gas  
Permeable Lens Fitting  
NCLE & JCAHPO

**8:30 am**

***Track 2***

***“Tales From the Trenches”***

**Mile Brujic, OD 1 hour**

This interactive course will take the attendee through challenging cases and reinforce many of the fundamental principles of treating anterior segment disease. It will emphasize novel uses for contact lenses in the management of anterior segment anomalies.

**9:25 a.m. – Break – Exhibits Open**

**9:40 a.m.**

***Contact Lens Eye-Q Test,  
“You Make the Call”***

**Patrick Caroline, FAAO, FCLSA 2 hours**

Attendees are presented case histories involving a wide range of fitting challenges. You will have the opportunity to “voice” your opinions and strategies via interactive devices and learn about ideal OK lens designs.

**11:40 a.m.**

***MCLS Member Meeting***

**11:40 – 1:20**

***Manufacturers/Exhibits/Lunch***

**1:30 p.m.**

***Ophthalmic Indications of the Presence of  
Systemic Disease***

**John Berestka, M.D. 1 hour**

This course will cover a series of systemic conditions and their effects upon the visual system.

**2:25 p.m.**

**Break**

**2:40 p.m.**

***Astigmatism Assessment and Fitting  
Fundamentals of GP Design & Fitting***  
**David Kading, OD, Moderator, Pat Caroline,  
FAAO, Buddy Russell, COMT, Mile Brujic, OD,  
Jason Jedlicka, OD 2 hours**

Addressing the astigmatic portion of a patient’s prescription is essential for best visual performance as well as long-term success with any form of contact lens. This course will present contact lens management options for these challenging patients.

**6:00 – 9:00 pm**

**Come party with us! Join us for bowling,  
playing pool and a gourmet buffet at Park  
Tavern Bowling & Entertainment Center in St.  
Louis Park. Guests are welcome.  
Must pre-register!**

# Saturday, September 24, 2011

**7:30 a.m.**

***Registration & Continental Breakfast***

**8:00 am**

***Manufacturer Updates***

**8:30 am**

***Contact Lens Solutions for Dry Eyes  
Mile Brujic, OD & David Kading, OD  
1 hour***

This course will cover strategies for comfortable contact lens wear in patients who have dry eye complaints. It offers a systematic approach to preventing and decreasing symptoms of dryness and increasing patient comfort.

**9:25 am**

**Break**

**9:40 am**

***What Would You Do?  
2 hours***

**Tim Koch, Moderator, Mile Brujic, OD,  
Pat Caroline, FAAO, Jason Jedlicka, OD,  
David Kading, OD, Buddy Russell, COMT**

Various patient fitting schemes will be presented. Attendees will then be challenged to discuss the various approaches to each case, followed by the actual case.

**11:30 am – 12:55 pm  
Lunch**

**12:00**

***“Moving Beyond Ordinary,  
Reaching for Extraordinary”  
David Kading, OD***

This presentation reviews and dissects a typical encounter with a patient.

**1:00 pm**

***Management of Presbyopia with Contact Lenses  
Patrick Caroline, FAAO  
1 hour***

This course will review the various options presbyopic patients have available to them. The primary focus will be on bifocal and multifocal contact lenses including various lens designs available and the principals of simultaneous vision and alternating vision.

**2:00 pm**

***Fitting Keratoconus Patients  
Buddy Russell, COMT, Moderator  
Mile Brujic, OD, David Kading, OD  
Jason Jedlicka, OD, Patrick Caroline, FAAO  
2 hours***

Practitioners will be updated on the diagnosis and management of Keratoconus, including the most current contact lens management options.

**4:00 pm – Meeting Adjourned**

***Everyone: Please hand in your critique forms.***

***NCLE & JCAHPO CEC: Please stop at the registration desk to hand in your stamped Evidence of Attendance form. You will receive your certified JCAHPO Evidence of Attendance form and NCLE credits***

**See you next year!**

## ....Speaker Biographies....

**John Berestka, M.D.** specializes in cornea, refractive and cataract surgeries at Northwest Eye Clinic in Wayzata, Minnesota.

**Mile Brujic, OD** practices full scope optometry in Northwest Ohio with special interest in contact lenses and ocular disease management of the anterior segment and glaucoma. He publishes a monthly column in Review of Cornea and Contact Lens.

**Patrick Caroline, FAAO, FCLSA** serves as an Associate Professor at the Pacific University College of Optometry in Forest Grove Oregon. He is a Fellow member and Diplomat of the Cornea and Contact Lens Section of the American Academy of Optometry.

**Jason Jedlicka, OD** is in private practice at the Cornea and Contact Lens Institute of Minnesota in Edina, MN. His practice is dedicated to contact lens fitting, research and education with a high volume of specialized lens patients – scleral lenses, hybrid designs, keratoconus, irregular cornea and prosthetic lenses.

**David Kading, OD** practices full scope optometry while enjoying a specialty in Contact Lens and Ocular Surface Diseases in Kirkland, Washington. Dr. Kading lectures internationally on the topics of keratoconus, irregular corneas, dry eye, anterior segment disease, contact lenses and contact lens solutions.

**Tim Koch, FCLSA, COT** from Mesa, Arizona, has lectured extensively on clinical and practice management topics involving contact lenses, focusing on common sense approaches to the clinical challenges facing today's practitioners, with a special emphasis on the application of specialty contact lenses and emerging technologies.

**Buddy Russell, COMT, FCLSA** is an Associate in the Contact Lens Service at Emory University in Atlanta, Georgia, and is a clinical instructor in Emory's Ophthalmic Technology Program, teaching students and ophthalmology residents contact lens technology.

**We wish to thank the following companies for contributing to the success of this meeting:**

*Alcon Laboratories                      AccuLens, Inc.                      Advanced Medical Optics (AMO)*  
*Bausch & Lomb                      CibaVision                      Contamac*  
*CooperVision                      Dakota Sciences                      Essilor*  
*Hydrogel Vision                      Soderberg, Inc./PC Optical Products/ X-Cel Contacts*  
*Optical Distributor Group                      The Vision Care Institute*  
*Sam's Club                      ABBConcise                      Wisconsin Vision Associates*

## Hotel Information

**Hotel Sofitel    952-835-1900                      Address: 5601 West 78<sup>th</sup> Street, Bloomington, Minnesota 55439**  
**A block of rooms will be held until August 21, 2011, for \$109.00 per night.**

## Minnesota Contact Lens Society

Fax 763-421-8297                      P.O. Box 48514, Coon Rapids MN 55448                      763-442-3918  
web site: [www.mncontactlens.com](http://www.mncontactlens.com)                      e-mail address: [mcls@mncontactlens.com](mailto:mcls@mncontactlens.com)

# Minnesota Contact Lens Symposium Registration Form September 23-24, 2011

Please PHOTOCOPY this form for each attendee's registration.

Name \_\_\_\_\_ Name for Badge (if different) \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Please send a confirmation \_\_\_ e-mail \_\_\_\_\_ fax \_\_\_\_\_

Referred by \_\_\_\_\_

***Please circle all that apply:***

I need JCAHPO credits: Yes No    I need NCLE credits: Yes No    I need COPE credits: Yes No

I will be attending: Friday                      Saturday                      COPE OE# \_\_\_\_\_

*Please circle all that apply*

## Registration Fees

Registration fees include all courses, continuing education credits, continental breakfasts, lunches, refreshments.  
Registration received after August 26, 2011, & on site registration, add \$20.00.

MCLS Members – Both Days	\$235.00	
MCLS Members – One Day	\$150.00	
Nonmembers – Both Days	\$325.00	
Nonmembers – One Day	\$235.00	
Retired MCLS Member	Please Call for Details	
Student of Accredited Program	(Must provide proof) \$135.00	

Non-members may become a member by paying the MCLS membership fee plus initiation fee for a total of \$85.00 at this time. This allows you to attend our spring meeting at the reduced membership rate.

Membership Dues	Yearly	\$65.00
New Member One-time Registration Fee		\$20.00
Friday Night Party	Per Person	\$20.00
Friday Night Guest _____	Per Person	\$20.00
<b>TOTAL PAYMENT</b>		

*Mail checks payable to:*

**Minnesota Contact Lens Society  
P.O. Box 48514  
Coon Rapids, MN 55448**

**Tax ID #23-7309989  
763-442-3918 fax 763-421-8297  
www.mncontactlens.com  
[mcls@mncontactlens.com](mailto:mcls@mncontactlens.com)**

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Type of Card \_\_\_\_\_

Please print clearly

\*\*Requests for refunds will be honored provided they are submitted in writing to the MCLS office and postmarked by September 15, 2011. A processing fee of \$25.00 will be charged for all refund requests. No refunds can be made after this date.